

Social Posts

Instagram Schedule



WEEK COMMENCING...

POST / CAPTION (1)

Date: **Post** (ideally 125-150 characters maximum)

Time:

5-10 Hashtags:

Mentions:

Sent?

POST / CAPTION (2)

Date: **Post** (ideally 125-150 characters maximum)

Time:

5-10 Hashtags:

Mentions:

Sent?

POST / CAPTION (3)

Date: **Post** (ideally 125-150 characters maximum)

Time:

5-10 Hashtags:

Mentions:

Sent?

Need help using this template? Get in touch: hello@guroo.marketing